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Latest News at 24-7 Fitness

Membership

QUICKSTART TENNIS TOURNAMENT OCTOBER 17TH The Quickstart Tennis Tournament will take place on October 17, 2010 9:00am at the West End Racquet Club. The Quickstart tournament format emphasizes child...

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Fitness

24-7 FITNESS CLUBS SUPER CORPORATE PROGRAM FEATURED IN EASTERN PA BUSINESS JOURNAL Professionals in the fitness industry are finding that to bolster membership rolls, they need to expand not only wha...

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Locations



PAN AM GAMES IN CUBA Steve Lehman, Director of our "American Cycling Academy", is just back from the Pan Am Games in Cuba. Steve won Gold Medals in two track events – the 500 meter, and the 2...

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24-7 FITNESS CLUBS & THE MUSCULAR DYSTROPHY ASSOCIATION 24-7 Fitness Clubs are donating \$10 to the Muscular Dystrophy Association for each new membership in the months of July through October. For ...

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THE FALL PROMOTION IS UNDERWAY Sponsor new members and win nice prizes. There will be "one month free" for new members, so it is a great time for your friends to join the Clubs. See a Membersh...

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